



# INDIAN SCHOOL AL WADI AL KABIR

DEPARTMENT OF EVS (2023 – 2024)

LESSON 8: KEEPING CLEAN AND HEALTHY

RECAPITULATION WORKSHEET

RESOURCE PERSON: Mrs. SIRISHA

NAME: \_\_\_\_\_ CLASS: I SEC: \_\_\_\_\_ DATE: \_\_\_\_\_

## I. Tick (✓) the correct answer from the given options and fill in the blanks.

1. We must brush our teeth with a \_\_\_\_\_ twice a day.

a) toothbrush

b) comb

2. After a bath, we should wipe our body with a clean \_\_\_\_\_.

a) blanket

b) towel

3. Have a bath with \_\_\_\_\_ every day.

a) oil

b) soap

4. We must keep our nails \_\_\_\_\_ and clean.

a) short

b) long

## II. Answer the following questions.

### 1. What is personal hygiene?

Ans:

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2. List two indoor and two outdoor games that you enjoy playing.

Ans: a) Indoor games: \_\_\_\_\_ / \_\_\_\_\_

a) Outdoor games: \_\_\_\_\_ / \_\_\_\_\_

III. Observe the pictures and complete the word to name the things which help us keep clean and healthy. The first letter is given, to complete the word.

a) N \_\_\_\_\_



b) S \_\_\_\_\_



c) H \_\_\_\_\_



d) T \_\_\_\_\_



e) C \_\_\_\_\_

